

Not just Talking About it...Doing it!

# Planning YOUR Success!

Persistence is Priceless  
Mastering the PARR process  
Finding and Using YOUR Power Within!  
The Quick Road to Achieving your Goal

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Interview with Pamela Burks  
Co-Author with Steven R. Covey of the book  
"Success Simplified"



Most kids dream of how their life will be when they grow up; Who will I marry? What will I do for a living? When I close my eyes and imagine, what will my life (lifestyle) look like? Kids have visions for the future. Adults should have them too.

As an adult, I still find myself wondering what I will do when I grow up? The thought embarrassed me for a long time because as an adult I assume I should already know what I want to be when I grow up. But I realized that I'm still growing up! My interests, likes and dislikes, desires and yes, my dreams change as I mature with life experiences. Armed with that revelation, I began to dream and plan without embarrassment. I revisited some of the ideas that I had as a kid. Some were silly, some were worth achieving. The difference between my kid dreams and my adult dreams is I now have the tools to make my dreams a reality.

### Ways to use your vision board

**Physical** - Post your vision board on a wall in your home, some place you will see it daily. A hidden vision board can be forgotten.

**Mobile** - Take a picture of your vision board with your phone and make it your phone background or desk top background for your tablet or laptop.

**Reminders** - use the calendar on your phone to set reminders of what you intend to accomplish at a future date i.e. set a calendar appointment reminder or To Do reminder to popup on the day you want to be complete with the message *"High Five! You've achieved 'xxxx' today and you're*

*1/4 complete to achieve your dream to 'xxxx'! Start the 'xxx' step on your list which is due xx/xx/xx.*

As an adult, I can take small steps day by day to pursue my dreams. I have more control over achieving them than I did as a child. But I'm so busy that I sometimes forget about my dreams. Using a vision board helps to keep my dreams in front of me....so I don't forget them when life get hectic. It's even easier if you partner with a friend and use electronics to remind and reward you. With a partner, you've got someone to celebrate with when you complete a step or achieve the entire dream.



Take it step by step - Break the vision down into manageable steps that are spread out over a reasonable number of days, weeks or months so you can achieve them as part of your everyday life. You're already busy and

adding more work to your day may seem impossible to do but remember this goal will make a positive change in your life. If you had to make a change for work you'd find the time. You are at least as important as your job, aren't you?

### Want Goal tools?

Download "Start Here", an online database with tools to transition your vision board into steps for achievement. You can also register for the Workshop.



Inspired by Pamela Burks - Empowering women to live Confident and V.I.V.I.D lives!

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